



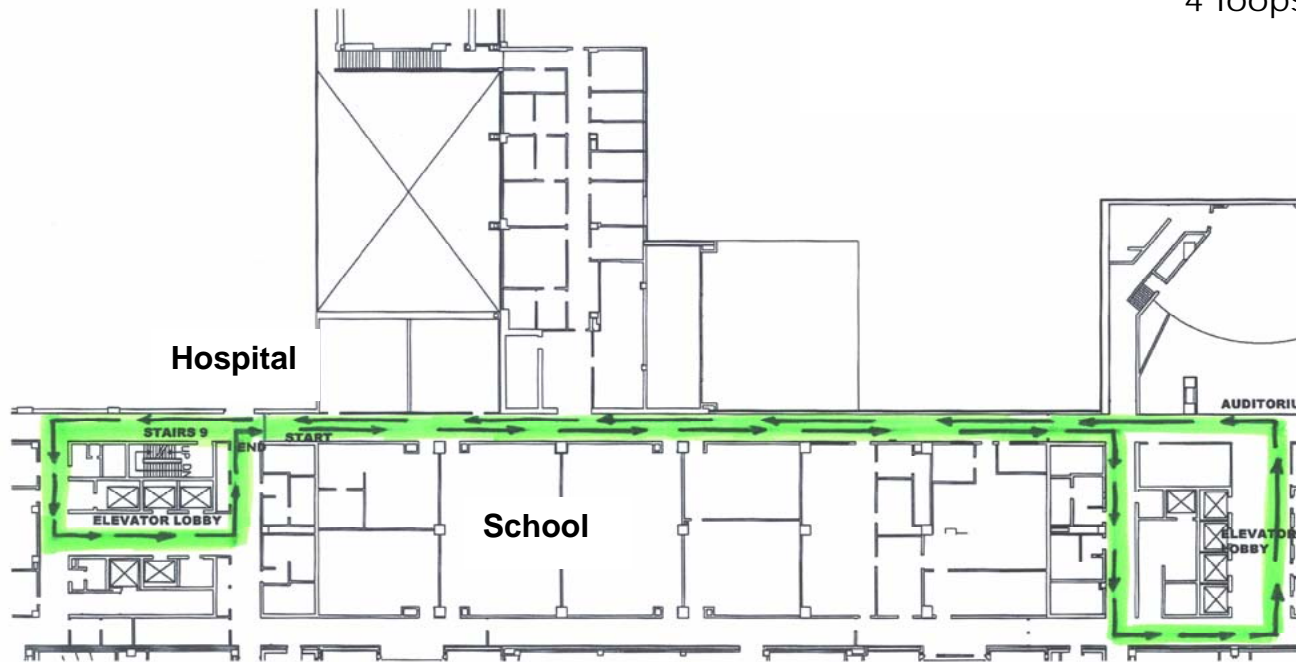
UMass Memorial/UMass Medical School - Indoor Walking Route

4 loops = 1250 steps

.55 miles

10 minutes

Tip: include the stairs up or down and walk one loop each on 4 different floors



Stair 4

UMass Medical School Floors 2 – 7

KEY PLAN

